








Year Group Assemblies:

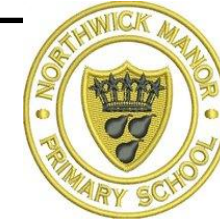
Across the school we look at one of the 7Rs each term and we base our PSHE assemblies on these, including the variety of subjects that we need to cover. At the end of each half term the children 'Reflect' on their progress that term and fill in a 'Worker Bee' to take to the 'Worker Bee' assembly with an example of their behaviour. Each teacher chooses one of the children's completed 'Bees' to post into the special post boxes and the children are congratulated by the school. These are then placed on display around school.

The 7 Rs which drive our PSHE Curriculum:

Readiness to Learn Reflectiveness Risk-Taking Relationships

Resourcefulness Responsibility Resilience
Our Early Years and Key Stage One children have this to help them understand:

Characteristic	Character	Blurb
Risk Taking	 Brave Bear	The bear is a RISK-TAKER . He tries new things even if they are a little scary.
Resilience	 Keep trying Tortoise	The tortoise is RESILIENT . He keeps going and keeps trying even when the task is tricky.
Readiness to Learn	 Have a go Hare	The Hare is READY TO LEARN . She is keen and energetic and tries her best.
Relationships	 Worker Bee	The Bees have good RELATIONSHIPS . They work together as a team to get the job done.
Responsibility	 Helpful Hound	The hound is RESPONSIBLE . He helps himself and others.
Resourcefulness	 Squirrel Nutkin	Squirrel Nutkin is RESOURCEFUL . She collects enough food to last through the winter.
Reflectiveness	 Wise Owl	The wise owl is REFLECTIVE . He thinks about the way he works and tries to get better by learning from his mistakes.



PSHE

at Northwick Manor Primary School

What is PSHE?

Personal, Social, Health and Economic Education

It covers:

- Health and Well-being
- Digital Citizenship and e-safety
- Living in the Wider World
- Sex and Relationships
- Citizenship
- British Values

PSHE is embedded in our daily school life



PSHE

March 2021

What do we aim for the children to develop through PSHE?

Identity (their personal qualities, attitudes, skills, attributes and achievements and what influences these)

Relationships (including different types and in different settings)

A healthy (including physically, emotionally and socially) **balanced lifestyle** (including within relationships, work-life, exercise and rest, spending and saving, and diet)

Risk (to be managed rather than simply avoided) **and safety** (including behaviour and strategies in different settings)

Diversity and equality (in all its forms)

Rights, responsibilities (including fairness and justice) **and consent** (in different contexts)

Change (as something to be managed) and **resilience** (the skills, strategies and 'inner resources' we can draw on when faced with challenges in life such as changes in circumstances)

Power (how it is used and encountered in a variety of contexts including persuasion, bullying, negotiation and 'win-win' outcomes)

Career (including enterprise and economic understanding).

Relationships and Sex Education

RSE is now compulsory at Primary Level, the biological aspects are taught through Science and we are expected to teach about relationships in order to promote pupil well-being. Throughout our PSHE curriculum we cover 'Relationships' in a variety of ways and endeavour to be as inclusive as possible. A brief outline of our specific RSE coverage across the school (through a variety of subjects):

EYFS – Growing up: baby to now and managing feelings to make relationships

Y1 - Boys' and girls' bodies; naming body parts and healthy friendships.

Y2 - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)

Y3 - What our bodies need to grow healthily. What diverse families look like.

Y4 – Respect and understand relationships and changes in relationships.

Y5 – Physical changes and emotion - Pre-puberty.

Y6 - Puberty for boys and girls and understanding conception to birth of a baby.

How do the children learn PSHE?

EYFS

In the Foundation Stage PSHE is covered by various areas of the curriculum: Understanding the World; Personal, Social and Emotional Development; and Communication and Language. Through their daily journey at school pupils are developing a range of PSHE skills through their initial socialisation and beyond. They are learning to: make relationships; develop self-confidence and self-awareness; manage their behaviour and their feelings; learning about differences and similarities amongst themselves and people around the world. On the whole this range of development happens through Circle Time (Circle time provides a time for listening, developing attention span, promoting speaking and listening, and learning new concepts and skills) and play based activities.

Key Stages 1 & 2

Throughout the school, PSHE is covered in a variety of ways, in addition to lessons, that are not always as explicit and as easily visible as other subjects. For example:

- School/Class Rules
- Raising Our Game
- Think Five Reward System
- Outside speakers visiting school
- Small support groups
- PSHE Year Group Assemblies based on 7 Rs (see overleaf)
- Team Work activities in all subjects
- Work across the whole curriculum
- Expectations at Break and Lunch times
- High Expectations of behaviour throughout the day
- Conferencing in English and Maths
- Children leading their own Parents' Interviews (years 5&6)
- Trips (including residential) out of school