



Northwick Manor Primary School

Week 3

18/11, 9/12, 13/1, 3/2, 3/3, 24/3,

Monday

Tuesday

Wednesday

Thursday

Friday

Margherita Pizza (Gluten, Milk)	Pork Sausages Potato Wedges (Gluten)	Roast Chicken Roast Potatoes with Gravy	Beef Bolognese & Pasta (Gluten)	Fish Dippers with Chips (Fish, Gluten)
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Butternut Squash & Spinach Lasagne (Gluten, Milk)	Vegan Sausage Potato Wedges (Soya)	Cheese & Potato Layer (Gluten, Milk)	Vegetable Korma & Rice	Cauliflower Bites with Chips (Gluten, Soya, Mustard)
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Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)
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Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)
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Carrots Peas	Sweetcorn Baked Beans	Carrots Cauliflower	Peas Swede	Sweetcorn Baked Beans
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Cookie Selection (Gluten)	Jelly	Jam Doughnut Muffin (Gluten, Egg, Milk)	Chocolate Waffle (Gluten, Egg, Milk, Soya)	Iced Shortbread (Gluten)
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DF - Dairy Free GF - Gluten Free F/F - Free From



Available Daily: Fresh Bread, Fresh Salad, Fresh Fruit and Yoghurt
Should parents require information regarding allergens in the dishes we prepare, please contact school on
nwoffice@riverscofe.co.uk