



Northwick Manor Primary School

Week 3

17/11, 8/12, 12/1, 2/2, 2/3, 23/3

Tuesday

Wednesday

Thursday

Friday

Margherita Pizza (Gluten, Milk)	Sausage Roll With Potato Wedges (Gluten)	Roast Chicken Roast Potatoes with Gravy	Beef Burger In a Bun (Gluten, Soya)	Fish Fingers With Chips (Fish, Gluten)
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Vegetable Sweet & Sour & Rice	Vegan Sausage Roll With Potato Wedges (Gluten, Soya)	Cheese & Potato Pie with Gravy (Milk)	Vegan Burger In a Bun (Gluten, Soya)	Cheese Frittata With Chips (Milk, Egg)
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Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)	Jacket Potato With Baked Beans, Cheese (Milk) or Tuna Mayonnaise (Fish, Egg)
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Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)	Packed Lunch With Cheese, Ham or Tuna (Gluten, Soya, Milk, Fish, Egg)
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Carrots Swede	Sweetcorn Baked Beans	Carrots Cauliflower	Sweetcorn Green Beans	Peas Baked Beans
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Ice Cream (Milk)	Chocolate Flapjack (Gluten)	Jelly	Orange Cake & Chocolate Sauce (Gluten, Egg, Milk)	Lemon Cookie (Gluten)
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DF - Dairy Free GF - Gluten Free F/F - Free From



Available Daily: Fresh Bread, Fresh Salad, Fresh Fruit and Yoghurt
Should parents require information regarding allergens in the dishes we prepare, please contact school on nwoffice@riverscofe.co.uk