

NORTHWICK
MANOR PRIMARY
SCHOOL

ENRICHMENT
BOOKLET



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Enrichment

An education at Northwick is about more than what happens in the classroom. A well-rounded academic provision must also include a wide variety of co-curricular opportunities and we aim to deliver this across the school with a really exciting and inspiring enrichment programme.

The breadth and diversity of this programme will give children access to a whole host of new experiences, help them to develop a range of interests and skills and build a sense of confidence that will support them in the classroom and beyond. This is an important part of the standard of education we strive to deliver.

Wherever a child's interests lie, our Enrichment programme is designed to give each individual the opportunity to discover their talents and develop them further. There is something for everyone.

I hope you enjoy reading through the broad and varied range of opportunities on offer.

Miss Nijjar

Delivery of Enrichment

Enrichment will be delivered every Friday in the school day as part of the curriculum. Staff and teaching assistants will deliver the programme.

There are lots of Enrichment activities to choose from. Pupils will have the opportunity to participate in a different activity each half term.



Let's get Physical

Overview

Would you like your child to be active, have fun, and develop healthy habits from an early age? Join the Let's Get Physical enrichment, where children will participate in engaging activities such as yoga and fitness circuits, designed to improve their fitness, coordination, and motor skills. Through playful exercises and structured routines, the enrichment activity encourages a love for movement and a positive attitude toward health and well-being.

While participating in the Let's Get Physical enrichment sessions, children will develop essential skills that support their growth and learning, such as:

- Gross motor skills
- Coordination and balance
- Relaxation techniques through yoga
- Teamwork
- Following instructions
- Building confidence

Most importantly, children will enjoy being active in a fun, supportive environment that promotes lifelong healthy habits.

Equipment: Will be provided

Teacher: Mrs Peever



Music makers

Overview

Would you like your child to explore the joy of music, develop their listening skills, and express themselves through sound? Join Music Makers, where children will take part in fun musical activities such as singing and playing chime bars. Through engaging songs and rhythm-based exercises, the enrichment activity aims to spark a love for music and enhance children's early musical development.

While participating in Music Makers, children will develop essential skills that support their growth and learning, such as:

- Listening skills
- Rhythm and timing
- Vocal expression
- Coordination through playing instruments
- Following instructions
- Confidence in performing

Most importantly, children will enjoy making music in a creative, supportive environment that nurtures their artistic abilities.

Equipment: Will be provided

Teacher: Mrs Argent

Mad Scientists

Overview



Mad Scientist – a fun and exciting group where curious minds explore the wonders of science through hands-on experiments and playful discovery!

Each week, our young scientists will dive into the fascinating world of STEM (Science, Technology, Engineering, and Maths) through themed activities designed just for them. From bubbly potions and fizzy reactions to magical colour changing experiments, and exploring magnets, children will be encouraged to ask questions, make predictions, and see what happens when they experiment!

Our sessions are packed with:

- Exciting science experiments using safe, everyday materials
- Creative building challenges to spark engineering thinking
- Maths through play, sorting, measuring, and counting
- Discovery zones that promote curiosity and problem-solving

Mad Scientist is all about making science fun, accessible, and meaningful for young children – laying the foundations for a lifelong love of learning, exploration, and asking “Why?”

Teacher: Miss Constantinou

Art and Crafts

Overview



Whether your child loves painting, sticking, or getting messy with glitter, there's something for everyone! Each session is packed with creative fun and learning. Activities will include:

Painting and drawing

Cutting and sticking

Playdough and junk modelling

Collage and printing

Seasonal and themed crafts (e.g. Christmas, Halloween, spring flowers)

Children will explore a variety of artistic materials and techniques, helping to develop:

- Fine motor skills
- Imagination and creativity
- Colour and shape recognition
- Confidence and social skills

Teacher: Miss Verdant



Calm and Curious

Overview

Our Calm and Curious sessions are specially designed for young children to explore mindfulness, relaxation, and wellbeing in a fun, engaging, and safe environment. Through gentle activities such as yoga, music, and sensory play, children will have the opportunity to develop emotional awareness and relaxation skills from a young age. What's Involved?

Mindfulness Activities:

Guided exercises to help children become more aware of their thoughts, feelings, and surroundings.

Yoga for Kids:

Simple, playful yoga poses that help with flexibility, balance, and physical awareness.

Music and Sound Exploration:

Enjoy listening to calming music, exploring different sounds, and using instruments.

Sensory Play:

Activities designed to engage the senses—sight, sound, touch, and smell.

Teacher: Mrs Clarke

YEARS 1 & 2

Coding

Overview

Would you like the opportunity to take lead in exciting projects that allow you to create games and animations? Join coding enrichment and unlock your creativity.

While learning to code, you will practice problem-solving, logical thinking, collaboration with peers and effective communication. Embrace the challenge of coding and watch your ideas come to life while having lots of fun along the way!

Equipment: will be provided

Teacher: Miss Ishaq



YEARS 1 & 2

Digital Art



Overview

Where imagination meets technology! In this enrichment activity, young artists explore the exciting world of digital creativity using their school iPads.

Through playful experimentation and guided exploration, children build confidence, develop fine motor skills, and express themselves in bold new ways. Whether sketching, designing, or storytelling, every session celebrates individuality and the joy of creating in a digital space.

Equipment: will be provided

Teacher: Miss Freeman

YEARS 1 & 2

Outdoor Adventures



Overview

If you love 'The Great Outdoors', come and join Miss Davies every Friday.

From learning about different birds, trees and wildlife, to using the outside environment for art and games, each week will be different adventure.

So wrap up warm, grab your waterproofs and see you there!

Teacher: Miss Davies

YEARS 1 & 2

Ukulele



Overview

Would you like the opportunity to develop your musical skills and have the opportunity to try learning a new instrument? Join the Ukulele Enrichment group and begin to learn the basics behind playing the ukulele.

While attending Ukulele, pupils will develop musical skills that will help them to take their skills further and even take individual or group lessons in KS2. They will practice:

- holding the instrument
- parts of the instrument
- posture
- fine motor skills
- strumming and plucking
- following a rhythm
- basic chords

Most importantly, pupils will learn how much fun and enjoyment can be found in playing an instrument.

Equipment: ukuleles will be provided

Teacher: Mrs Bell

YEARS 1 & 2

Story Explorers



Overview

Do you like pretending, performing and using your imagination? Then come and join this enrichment activity. This fun and friendly enrichment opportunity is open to all year 1 and 2 children who enjoy acting, playing games and bringing stories to life.

Each week will be full of exciting drama games, role play, teamwork activities and opportunities to explore characters and storytelling. It's a great way to build confidence, improve speaking and listening skills, use your imagination and have fun through creative play!

Equipment: none required

Teacher: Miss Tombs

YEARS 1 & 2

Wellbeing and Mindfulness



Overview

Would you like to find time to relax and unwind after a busy week at school? Then join the wellbeing and mindfulness enrichment sessions where children will delve into a wide range of activities designed to help develop physical, mental and social well-being.

This is a great opportunity to spend time rebalancing and focusing on being present in the moment with meditation, breathing activities, movement and restful music.

Pupils will learn:

- to be still and quiet
- to handle feelings and emotions
- to focus and concentrate
- to feel more peaceful

Equipment: will be provided

Teacher: Mrs Simpson and Mrs Lewis

YEARS 1 & 2

fitness fun

Overview



Would you like to be active, have fun, and develop healthy habits? Join the Fitness Fun enrichment, where children will participate in engaging activities such as yoga and fitness circuits, designed to improve fitness, coordination, and motor skills. Through playful exercises and structured routines, the enrichment activity encourages a love for movement and a positive attitude toward health and well-being.

Children will develop essential skills that support their growth and learning, such as:

- Gross motor skills
- Coordination and balance
- Relaxation techniques through yoga
- Teamwork
- Following instructions
- Building confidence

Equipment: PE kit will be required

Teacher: Miss Webber

YEARS 3 & 4

Ceramics



Overview

Get ready to get creative! In our Year 3 Ceramics Enrichment Group, students will explore the fun and tactile world of clay. We'll be crafting adorable mini animals and unique air-dried clay dishes, decorated with beautiful patterned tissues for a splash of colour and texture. This hands-on experience encourages imagination, fine motor skills, and artistic expression—perfect for young makers with big ideas!

Clay Skills Learnt:

- Rolling and shaping clay by hand
- Creating simple 3D forms (e.g. animals and dishes)
- Joining clay pieces securely using slip and scoring
- Smoothing and refining surfaces
- Decorating with patterned tissue for texture and colour
- Understanding how air-dried clay behaves and hardens

Equipment: Will be provided

Teacher: Mrs Hewitt



Inventors and Engineers

Overview

Step into the world of innovation and creativity with our Inventors and Engineers STEM Enrichment Club! Designed for curious pupils, this club offers hands-on opportunities to explore how science, technology, engineering and maths shape the world around us.

Each session is packed with exciting challenges that encourage children to design, build, test and improve their own creations – from bridges and vehicles to gadgets and simple machines. Along the way, they'll learn how everyday problems can be solved through imagination, perseverance and clever thinking.

The club nurtures key skills such as:

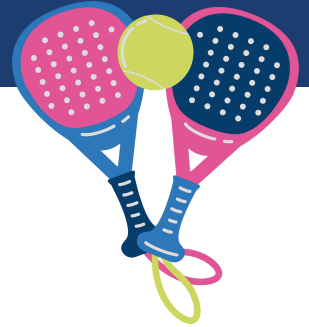
- creative thinking
- teamwork
- problem-solving
- resilience

Most importantly, it aims to spark a lifelong curiosity about how things work and inspire the engineers and inventors of the future.

Equipment: All materials will be provided.

Teacher: Mrs Coulter

YEAR 3 & 4



Pickleball

Overview

Are you looking for a fun and engaging way to stay fit and boost your overall well-being? Why not give pickleball a try?

Pickleball brings together some of the best elements of tennis, badminton and table tennis, into a fun and exciting game.

Players strive against each other in a subtle blend of strategy and shot-making skills. With a set of easy to learn rules you should pick up your paddle and join this enrichment activity.

You will develop:

- strategic and tactical thinking
- team work
- agility, balance and coordination
- sportsmanship
- communication
- endurance

Equipment: Provided/ PE kit required

Teacher: Miss Tyler

YEARS 3 & 4

Forest School



Overview

Do you hear the call of the wild? Are you tuned in to the whispers of the wind through the trees? Then forest school could be for you. Each session will focus on exploring the outdoors from a new perspective. We won't be able to burn or chop anything, yet we will be able to craft, build and navigate the hidden wonders of the forest school area.

We will always go outdoors in any weather so come prepared!

Equipment: Warm, waterproof clothes for wet and muddy sessions. Stout boots or sturdy trainers, long trousers and thick jumpers with a rainproof coat. Hats and gloves when cold.

Teacher: Mr Hampton

YEARS 3 & 4

Couch to 2k



Overview

Get outdoors, catch some fresh air and improve your fitness levels with the couch to 2k challenge. This workout will help you over the next 10 weeks to bring you up to a 2K run (that's 4 times around the KS2 field and playground without stopping) levels with the couch to 2k challenge.

Whatever the weather, we will build up gradually and with a simple programme to follow, you'll do it with ease!

You will develop:

- Resilience
- Discipline
- Improved fitness

Equipment: P.E. Kit/ trainers

Teacher: Mr Harris

YEARS 3 & 4

Printing



Overview

Do you enjoy being creative, experimenting with art and making your own unique designs? If so, the Printing Enrichment is the perfect place for you to learn new skills, have fun and create amazing artwork you'll be proud of!

You will:

- **Get Creative** – Learn how to turn your ideas into eye-catching prints using exciting printing techniques. From bold patterns to detailed designs, you'll create artwork that's one of a kind.
- **Hands-On Fun** – Printing is messy, colourful and full of surprises! Every session gives you the chance to explore, experiment and bring your imagination to life.
- **Work Together** – Share ideas and inspiration with other creative students. You'll learn from each other, collaborate on projects and celebrate your finished pieces together.
- **Learn New Skills** – Discover techniques such as block printing, stamping and more. You'll see how everyday materials can be transformed into artistic tools!

Whether you're a confident artist or just starting to explore, this club will help you grow, experiment and have fun with printing.

Equipment: Provided

Teacher: Mr. Colley

YEARS 3 & 4

Creative writing

Overview

Is your mind bubbling with mysteries waiting to be written? Creative Writing enrichment is the perfect place for your imagination to flourish.

We will:

- **Spark Imagination:** Engage in exciting prompts, games, and activities designed to kickstart their creativity.
- **Develop Skills:** Learn writing skills, including character creation, plot development, setting a scene, and using descriptive language.
- **Explore Genres:** Experiment with different styles of writing, from fantasy adventures and sci-fi sagas to personal narratives.
- **Build Confidence:** Discover your unique voice and gain the confidence to call yourself a writer

Equipment: Provided

Teacher: Mrs Fuller

YEARS 5 & 6

Musical Theatre

Overview



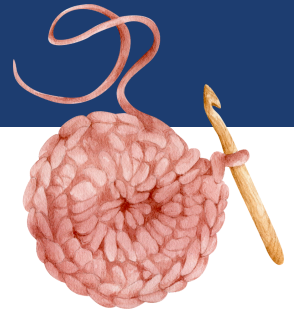
Do you love singing, dancing and performing? Join our Musical Theatre sessions to develop new skills, build your confidence and showcase your talents! These fun-filled classes will explore aspects of drama, musical theatre, and dance. We will begin to learn the creative elements of exploring a script and hone techniques for performance.

You will work towards a collaborative performance of dance and song to entertain your fellow classmates.

Equipment: non required

Teacher: Mrs Garbett

YEAR 5 & 6



Hooked on Crochet

Overview

This enrichment activity combines creativity and skill-building fostering a love for the timeless craft of crochet.

You will be able to cast a foundation chain, complete a row of single crochet stitches, practice the correct way to turn and continue the next row. Over the course of the sessions, you will develop the skills to create your own crochet project.

You will develop:

- Social skills
- Creativity
- Confidence
- Fine motor skills

Equipment: will be provided

Teacher: Mrs Joesbury-Clarke

YEARS 5 & 6

Little Growers Garden & Wellbeing



Overview

Little Growers is a calming, hands-on enrichment activity where children can dig, discover, and delight in the wonders of nature. Our allotment-style sessions invite young gardeners to plant seeds, nurture vegetables and flowers, learn about wildlife, and watch their hard work bloom over time.

But this enrichment activity is about more than gardening—it's a space for wellbeing. Through gentle outdoor activities, mindfulness moments, and nature-themed crafts, children will build confidence, patience, and a sense of peaceful connection with the world around them. Each visit offers fresh air, simple joys, and opportunities to work together, explore, and unwind.

Whether you are tending your own little patch of soil, spotting bugs among the leaves, or simply enjoying the quiet magic of being outdoors, children in Little Growers gain lifelong skills and a deeper appreciation for nature.

Equipment: Sometimes wellies or walking boots.

Teacher: Mrs Tipple

YEARS 5 & 6



Exploring Drama Techniques

Overview

Calling all budding actors!

Do you want to develop your acting skills and knowledge of drama techniques? Our Drama Enrichment group will explore:

- Visualisation techniques-the use of 3D living pictures, freeze frames and tableaux
- Improvisation and character exploration- conscience alley, hot seating, thought tracking
- Narrative techniques- flashbacks and flashforwards, narration, cross-cutting and storytelling
- Interactive and collaborative techniques-role on the wall, soundscapes

Equipment: will be provided

Teacher: Mrs Willerton

YEARS 5 & 6

Debating



Overview

Do you enjoy sharing your ideas, asking big questions, or listening to different points of view? Then a debating enrichment is the perfect place for you!

In debating, you get to have fun speaking about exciting and varied topics—from whether homework should be banned to which superhero would make the best leader. You'll also become a great listener, learning how to understand and respond to other people's opinions.

Joining a debating club helps you build confidence, think quickly, and develop skills that will be useful in school and in life—all while making new friends and having lots of laughs along the way!

Equipment: None required

Teacher: Mrs Lawrence

YEARS 5 & 6

Community Fundraising



Overview



Would you like the opportunity to develop your leadership skills and feel proud of the contribution that you and the school could make to the wider community? Join the Community Fundraising enrichment group and lead on the key fundraising projects and raising awareness about good causes- local and national.

While completing community service projects, pupils will develop real world skills that will help them succeed beyond Northwick. They will practice:

- Leadership
- Problem-solving
- Collaboration with others
- Time management
- Communication

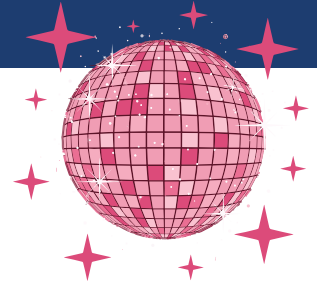
Most importantly, pupils will learn how their actions can have a positive impact on others.

Equipment: will be provided

Teacher: Miss Nijjar

YEAR 5 & 6

Strictly Dance



Overview

Strictly Dance is a fun, high-energy enrichment activity where children can explore the magic of movement and discover a world of dance! Each session introduces dancers to a variety of exciting genres, from street and hip-hop to jazz, contemporary, ballet, and tap - giving them the chance to try new styles and find their own rhythm.

Children will learn age-appropriate choreography, develop coordination and confidence, and express themselves creatively through music and movement.

Strictly Dance provides a space where children can build skills, make friends, and celebrate their love of dance.

Step onto the dance floor—it's your time to sparkle!

Equipment: PE kit/trainers

Teacher: Miss Rayner

YEAR 5 & 6

Fitness Bootcamp

Overview

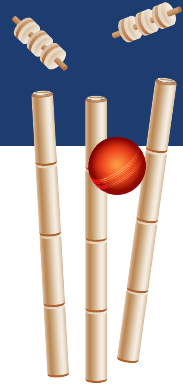
Boot Camp is an energetic enrichment activity. In this fun environment the children will build physical strength, coordination and teamwork through a variety of age-appropriate fitness challenges, obstacle courses and outdoor games. Each session focuses on building confidence, promoting healthy habits and encouraging a positive attitude towards exercise. Whether they are jumping, running or cheering each other on the children will leave ready for more!

Equipment: PE kit will be required.

Teacher: Miss Hoare



YEAR 5 & 6



Cricket

Overview

This enrichment activity welcomes children of all abilities, from complete beginners to budding young players.

Through exciting games and age-appropriate coaching, children will learn the basics of batting, bowling, and fielding while also building confidence, teamwork, and a love for being active.

Whether you are dreaming of hitting your first six, taking a brilliant catch, or simply enjoying time outdoors, this enrichment activity is the perfect place to join the fun and discover the joy of cricket.

Equipment: PE kit will be required.

Teacher: Mr Buxton

YEAR 5 & 6

Baseball



Overview

Baseball enrichment is designed to introduce children to the exciting world of America's favorite pastime!

This activity focuses on building fundamental skills—throwing, catching, hitting, running bases - through playful drills and team-based games.

You will develop teamwork, confidence, and sportsmanship.

Whether you are swinging a bat for the first time or already dreaming of home runs, Baseball offers an opportunity to keep active and have fun.

Equipment: PE kit will be required.

Teacher: Miss Addis

